

MENASTIL®

Product information for:	.125 fluid ounce bottle, pre-moistened swab, pre-moistened towelette.
Active ingredients:	Calendula Oil (1x)
Uses:	Temporarily relieves pain associated with minor aches and pains of muscles, joints, nerve-based pain and headaches/migraines. Individual results may vary.
What you will feel:	Most users experience a warm or tingling sensation on application area. Our active ingredient causes the nerve endings to temporarily separate further, thereby hindering the ability of the pain signals to travel to the brain and relay the message that you are indeed in pain.
Warnings:	<ul style="list-style-type: none"> › For external use only. › Keep out of reach of children, and do not use on children under 5 years of age. › If pregnant, nursing or taking oral contraceptives, seek advice of a health professional before use.
When using this product:	<ul style="list-style-type: none"> › Use only as directed. › Discontinue use if signs of irritation appear. › In the case of contact with a sensitive area, 100% aloe vera gel often reduces stinging sensations. › Avoid contact with eyes and mucous membranes. Wash eyes thoroughly with clear water for 15 minutes in the event of contact. Consult a physician if irritation continues.
Preparation for use:	Before you apply Menastil®, make sure that the area you are treating is clean, and free of all skin care products, perfumes, bath oils and/or other topical medications. Though it is not necessary, you might also clean the area with either isopropyl alcohol or a pre-moistened towelette to ensure that the rollerball and the liquid solution does not get contaminated.
Directions:	<ul style="list-style-type: none"> › When you are ready to apply Menastil®, remove the cap, turn the bottle upside down, and gently roll the applicator onto the area of discomfort in a continuous, back-and-forth motion to cover approximately one-half of the area of your pain. If using either the sample swab or towelette, apply in a similar way. Your skin will remain moist for a few minutes. › Close cap tightly after use, and wash hands thoroughly. › Feel free to reapply 4-to-6 hours later and up to 3 additional times per day. › To eliminate the peppermint scent, you can wash the treated area with soap and water 15 minutes after the application. This will not affect the efficacy of the product.
To increase effectiveness:	<ul style="list-style-type: none"> › Apply while in a restful, relaxed position. › Indulge in either a warm bath or shower prior to applying Menastil®. Alternatively, heat the treated area with additional clothing or a hand towel moistened with warm water. › Relief is usually experienced within minutes, though additional applications may be necessary to achieve desired comfort level.
If you do not experience results:	Apply to alternate locations close to the area of discomfort where nerves pass close to the skin, such as the inside portions of your wrists or elbows, back of knee, inside of ankle, and base of the skull.
Inactive ingredients:	Almond oil; Alpha-Pinene; Beta-Pinene; Coriander Oil; Cornmint Oil; Menthyl-Acetate; Mineral Oil; Orange Oil; Pennyroyal Oil; Rosemary Oil and White Camphor.

Please visit www.bestpainrelief.com for additional directions/information

